3rd UPHILL RACE

LOVRAN – UCKA



TIME: Saturday, June, 14th, 2008 (start 10:45), COURSE: Main race: 13km; 1400 m altitude difference,

Junior race: 7km; 350m altitude difference,

POINTS: Start: Lovran, 5m above sea

3rd km: Medveja, 0m a/s

7th km: Lovranska draga, 350m a/s

10th km: Dol, 950m a/s 11th km: Vrata, 1150m a/s 12th km: Sedlo, 1250m a/s

Finish: Ucka - peak Vojak, 1401m a/s) (Junior race finish in Lovranska draga)

PROGRAM:

8:00 - 10:30 Late registrations and distribution of starting numbers in the starting area in Lovran centre,

10:40 Transportation of the athletes beg,

10:45 Start in Lovran centre,

11:10 Arriving of the first juniors in Lovranska draga

12:00 Arriving of the first runners at peak Vojak,

13:45 Time limit for finishing,

14:00 Returning of the bus to Lovran,

16:00 Prize ceremony in Lovran.

INFORMATION:

Web page <u>www.aksljeme.com</u>, registration per email: info@aksljeme.com Entry fee: € 15,00. Include T-shirt, meal after race, arriving with bus from finishing to the starting area.

Course records:

M - Mitja Kosovelj (SLO) 1:13:01 F - Lucija Krkoc (SLO) 1:33:59 MJ - Nikola Skvorc (CRO) 32:00 FJ - Marija Lukina (CRO) 41:00

OFFICIAL CROATIAN MOUNTAIN RUNNING TEAM CHAMPIONSHIP:

Men junior teams (3 members, born 1989-1992.); Women junior teams (2 members, born 1989-1992.); Men teams (4 members, born 1990. and older); Women teams (3 members, born 1990. and older).

INDIVIDUAL PRIZES:

- First three (M, F): trophies & gifts from **REEBOK**,
- First three in all age categories: medals,
- First three in junior race (M, F): trophies & gifts from **REEBOK**,
- First three in all junior categories: medals.

AGE CATEGORIES:

- MEN: U23, seniors, M35, M40, M45, M50, M55, M60, M65, M70
- WOMEN: U23, seniors, W35, W40, W45, W50, W55
- JUNIORS: cadets (1993. and younger), younger juniors (1991-1992.), older juniors (1989-1990.)

ORGANIZERS

Atletski klub SLJEME City LOVRAN