## 3rd UPHILL RACE LOVRAN - UCKA Recbok $\rightarrow$

TIME: $\quad$ Saturday, June, 14th, 2008 (start 10:45),
COURSE: Main race: 13km; 1400 m altitude difference, Junior race: 7km; 350m altitude difference,
POINTS: Start: Lovran, 5 m above sea
3rd km: Medveja, 0m a/s
7th km: Lovranska draga, 350m a/s
10th km: Dol, 950m a/s
11th km: Vrata, 1150m a/s
12th km: Sedlo, 1250m a/s
Finish: Ucka - peak Vojak, 1401m a/s)
(Junior race finish in Lovranska draga)

## PROGRAM:

8:00-10:30 Late registrations and distribution of starting numbers in the starting area in Lovran centre,
10:40 Transportation of the athletes beg,
10:45 Start in Lovran centre,
11:10 Arriving of the first juniors in Lovranska draga
12:00 Arriving of the first runners at peak Vojak,
13:45 Time limit for finishing,
14:00 Returning of the bus to Lovran,
16:00 Prize ceremony in Lovran.

## INFORMATION:

Web page www.aksljeme.com, registration per email: info@aksljeme.com Entry fee: $€ 15,00$. Include T-shirt, meal after race, arriving with bus from finishing to the starting area.
Course records:
M - Mitja Kosovelj (SLO) 1:13:01
F - Lucija Krkoc (SLO) 1:33:59
MJ - Nikola Skvorc (CRO) 32:00
FJ - Marija Lukina (CRO) 41:00

## OFFICIAL CROATIAN MOUNTAIN RUNNING TEAM CHAMPIONSHIP:

Men junior teams (3 members, born 1989-1992.);
Women junior teams (2 members, born 1989-1992.);
Men teams (4 members, born 1990. and older);
Women teams (3 members, born 1990. and older).

## INDIVIDUAL PRIZES:

- First three (M, F): trophies \& gifts from REEBOK,
- First three in all age categories: medals,
- First three in junior race (M, F): trophies \& gifts from REEBOK,
- First three in all junior categories: medals.


## AGE CATEGORIES:

- MEN: U23, seniors, M35, M40, M45, M50, M55, M60, M65, M70
- WOMEN: U23, seniors, W35, W40, W45, W50, W55
- JUNIORS: cadets (1993. and younger), younger juniors (1991-1992.), older juniors (1989-1990.)

ORGANIZERS
Atletski klub SLJEME
City LOVRAN

